

APPROXIMATE FRUIT AND VEGETABLE YIELDS FOR HOME CANNING

The information in the following table is based on average values and serves as approximations only since variations in size and quality will affect yields.

Product	Pounds per canner load of 7 quarts	Pounds per canner load of 9 pints	Unit weight (pounds)	Yield per unit	Pounds needed per bottle
FRUIT					
Apples	19 pounds	12.25 pounds	48 lbs/bushel	16-19 quarts	2.75 lbs/quart
Applesauce	21 pounds	13.5 pounds	48 lbs/bushel	14-19 quarts	3 lbs/quart
Apricots	16 pounds	10 pounds	50 lbs/bushel	20-25 quarts	2.25 lbs/quart
Berries	12 pounds	8 pounds	36 lbs/crate	18-24 quarts	1.75 lbs/quart
Cherries	17.5 pounds	11 pounds	25 lbs/lug	8-12 quarts	2.5 lbs/quart
Grape Juice	24.5 pounds	16 pounds	26 lbs/lug	7-9 quarts	3.5 lbs/quart
Grapes, Whole	14 pounds	9 pounds	26 lbs/lug	12-14 quarts	2 lbs/quart
Peaches, Nectarines	17.5 pounds	11 pounds	48 lbs/bushel	16-24 quarts	2.5 lbs/quart
Pears	17.5 pounds	11 pounds	50 lbs/bushel	16-25 quarts	2.5 lbs/quart
Plums	14 pounds	9 pounds	56 lbs/bushel	22-36 quarts	2 lbs/quart
Tomatoes					
Crushed	22 pounds	14 pounds	53 lbs/bushel	17-20 quarts	2.75 lbs/quart
Whole or Halved	21 pounds	13 pounds	53 lbs/bushel	15-21 quarts	3 lbs/quart
Juice	23 pounds	14 pounds	53 lbs/bushel	15-18 quarts	3.25 lbs/quart
Sauce, Thin	35 pounds	21 pounds	53 lbs/bushel	10-12 quarts	5 lbs/quart
Sauce, Thick	46 pounds	28 pounds	53 lbs/bushel	7-9 quarts	6.5 lbs/quart
Vegetables					
Asparagus	24.5 pounds	16 pounds	31 lbs/crate	7-12 quarts	3.5 lbs/quart
Beans, Lima	28 pounds	18 pounds	32 lbs/bushel	6-10 quarts	4 lbs/quart
Beans, Snap & Italian	14 pounds	9 pounds	30 lbs/bushel	12-20 quarts	2 lbs/quart
Beets	21 pounds	13.5 pounds	52 lbs/bushel	15-20 quarts	3 lbs/quart
Carrots	17.5 pounds	11 pounds	50 lbs/bushel	17-25 quarts	2.5 lbs/quart
Corn, Creamed Style	Use pints only!	20 pounds	35 lbs/bushel	12-20 pints	2.25 lbs/pint
Corn, Whole Kernel	31.5 pounds	20 pounds	35 lbs/bushel	6-11 quarts	4.5 lbs/quart
Peas	31.5 pounds	20 pounds	30 lbs/bushel	5-10 quarts	4.5 lbs/quart
Peppers	Use pints only!	9 pounds	25 lbs/bushel	20-30 pints	1 lb/quart
Potatoes, Sweet	17.5 pounds	11 pounds	50 lbs/bushel	17-25 quarts	2.5 lbs/quart
Potatoes, White	35 pounds	22.5 pounds	50 lbs/bag	8-12 quarts	5 lbs/quart
Pumpkin	16 pounds	10 pounds			2.5 lbs/quart
Squash, Winter	16 pounds	10 pounds			2.25 lbs/quart
Spinach & Greens	28 pounds	18 pounds	18 lbs/bushel	3-9 quarts	4 lbs/quart

Source: Complete Guide to Home Canning. Agriculture Information Bulletin No. 539. USDA, 2009.

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