Long-Term Survival Seed Storage: What You Need To Know

Long Term Seed Storage
Germination Rates Decline Over Time
Properly Dried Seeds

Over 80% for up to 10 years!

- broad bean
- barley
- sunflower seeds
- sesame
- haricot
- pumpkin seed
- poppy-seed
- dry peas
- corn
After 15 years, many seed species can still have germination rates over 50%.
Long Term Seed Storage
Growing Sprouts
Sprout Nutrition
1. **Soak**
2. **Drain & Cover**
3. **Rinse 2x Daily**
4. **Harvesting**
5. **Greening**
6. **Eat & Store**
Tray Method

1. Soak
2. Rinse & Cover
3. Rinse 2x Daily
4. Sun or no Sun
5. Eat & Store
Microgreens
Microgreens
Rainbow Chard
Large Leaf Parsley
Pok Choi Cabbage
Red Garnet Amaranth
Pea Shoots
Microgreens
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Growing Microgreens Instructional Videos

We have prepared a series of instructional videos on the step-by-step process for growing, caring for, and harvesting microgreens. We hope you find them helpful! They will make the most sense if you watch them in order from top to bottom on the page.

Growing Microgreens - pH Balancing Your Water

Growing Microgreens - pH Balancing Water